

About Lingen

In Lingen stands the attractive St. Michaels Church set in an expansive churchyard with surrounding mature trees. The stone parts of the tower and the benches date from, the 16th century but the majority of the church dates from a major renovation in 1891.

Behind the church to the north you can see the earthworks of a large rectangular bailey platform beside a moated mound some 6.5m high testifying to earlier occupation in the area. This was probably the home of the local Lords of the manor, the Lingen family.

Other earthworks in this area include two iron-age farmsteads both defended by a bank and ditch. One is at The Camp near Upper Lye and the other is on top of the spur overlooking Lingen. The whole of this area of the County is dotted with indications of extensive Iron Age occupation, from farmsteads to large camps and major hillforts.

As you walk through Lingen village look out for the excellent examples of timber framed buildings. Although often called "Black and White" some buildings were painted other colours or the timber was just left to weather naturally.

Limebrook Priory is a 13th century nunnery that was founded either by Robert de Lingen or one of the Mortimer family. By its dissolution in 1539 the nunnery was tenanted by six Augustinian nuns and their attendant community. It is a scheduled ancient monument but all that can be seen today is a single ruined building lying east-west with three single light windows and the remains of doorway.

The woodlands alongside the Limebrook are partly ancient with examples of some very old oak coppice and mature yew trees. The fields in places are untouched by modern agriculture and so provide an ideal habitat for a diverse flora including the nationally rare Adders Tongue along with wild daffodils and orchids.

Parking

There is parking by the Church and at Lyepole Bridge.

Refreshments

Refreshments are available from The Royal George Inn at Lingen.

Walk Information

This leaflet has been designed to tell you all you need to know about the route **before** you set out.

Stiles	9
Gates	14
Steps	0
Narrow Bridges	5
Slopes	Many steep, undulating between 2&3, 6&7



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Always follow the Country Code. Enjoy your walk!

This leaflet is available in large print from Tourist Information Centres and libraries throughout the County. Also available at www.herefordshire.gov.uk/circularwalks

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Designed & produced by Herefordshire Council.
This leaflet was funded by Welcome to our Future through the Severn Waste Environmental Fund (Landfill Communities Fund)



In partnership with



The Lingen Circular Walk

DISTANCE: 5.5 miles



HEREFORDSHIRE ...it's good to walk

FREE



Welcome to Mortimer Country







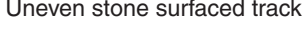



For details of accommodation and businesses in the area visit www.mortimercountry.co.uk

For events & local churches links www.lingen.co.uk

If you are planning a walk and intend to visit an inn/cafe – always ring ahead to check opening times

The Royal George Inn
Tel: 01544 267322

For general information
Leominster Tourist Information Centre
Tel: 01568 616460

-  Stile
-  Gate
-  Tarmac/road  please be aware of traffic
-  Natural surfaced track
-  Smooth stone surfaced track
-  Uneven stone surfaced track
-  Parking
-  Location Point Number
These points are to help you identify where you are on the ground in relation to the map.
-  Steep Incline (arrow points down the slope)

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All information correct at time of publication (June 2009).